

The Wave

Newsletter of the Half Moon Bay Mavericks Swimming Association

www.mavericks-swim.org

September 2000

Pizza Party--Hold the Date!

Join your Mavericks coach and fellow swimmers for a Fall Kick-Off Pizza Party: Friday, October 6th, 6:15 pm at Round Table Pizza in Half Moon Bay (back room). Bring the entire family!

Fall Workout Times

Swimmers 11 years and older: M-F 3:30 – 5:00 pm

Swimmers 10 years and younger: M-F 5:00 – 6:00 pm

Dates of fall session: September 5 – December 15, 2000

Swim Team Fees: \$200 per swimmer for the session payable in advance
or \$50 per swimmer per month via automatic debit

Mavericks Welcomes New Head Coach

We are delighted to introduce you to Bruce Brown, Mavericks Head Coach beginning in September. An El Granada resident, Bruce has recently retired from his position as Head Men's and Women's Swimming Coach and Lecturer in Kinesiology at San Francisco State University, a position he held for 11 years. Bruce also held swimming and/or water polo coaching positions at California State University San Bernardino, at Stanford University, at Occidental College, and at Whittier College. He's been recognized as 1997 Coach of the Year by the Pacific Collegiate Swimming Conference and 1992 Coach of the Year by the Northern California Athletic Conference. His teams have placed highly in NCAA competitions and two of his swimmers have qualified for the US Olympic Trials. Bruce competed as a varsity swimmer himself for four years at Occidental College and was named an NAIA All-American in 1969 and 1973. Bruce has a BA degree in Sociology/Psychology from Occidental College and an MS degree in Kinesiology from UCLA. Even with all his college coaching experience, Bruce is no stranger to younger children and the club swimming experience. He served as head coach of the Santa Monica Swim Club and has taught beginning through advanced swimming as well as water safety instruction and advanced lifesaving. We are indeed fortunate to have such an experienced coach right here on the coastside!

Message from Coach Brown

The basic philosophy that will guide the conduct of our practices will be that we "train to race." In order that each of you has the opportunity to improve as much as possible, we will spend practice time on proper stroke mechanics, race strategy; and correct starts, turns, and finishes. If you work as hard as you possibly can, in each and every practice, you will improve. It is my job to make sure that happens, and I am looking forward to helping **all of you** achieve your goals.

Xterra Fundraiser, September 17th

Xterra competition sponsors are looking for volunteers to help with a variety of jobs at the "Xterra Triathlon Competition" to be held here on the coastside, September 17, 2000. Mavericks Swim Team will receive \$10 for every volunteer we provide on that day. Funds will be used to purchase starting blocks for the pool. This is a great way to help your team and to see world-class triathletes up close. See sign-up sheet at the pool. Morning, afternoon, or all-day shifts available.

Pumpkin Festival Dunk Tank Fundraiser

Volunteers are needed to help organize and oversee the Mavericks fundraiser at the upcoming Pumpkin Festival. Our dunk tank was a very popular attraction last

year and was our major fundraiser for the year. Call Suzy Herhold if you can help (712-1890). We will also have a sign-up sheet at the pool in October.

Fall Session Meets

Mark your calendars now to save these dates. You will receive more information and registration forms approximately one month prior to each meet. New swim families, please note that unlike the summer team where meets are held frequently, during the regular season, swimmers will participate in one meet per month at most.

Sept. 23-24	Daly City Dolphins – Away	All Swimmers
Oct. 14-15	Pacifica Sea Lions – Away	C & B Swimmers
Oct. 28-29	Mid Peninsula Mariners – Away	A+ Swimmers
Nov. 4-5	Sunnyvale – Away	C & B Swimmers
Nov. 18-19	South San Francisco – Away	A+ Swimmers
Dec. 2-3	Pacifica Sea Lions – Away	All Swimmers
Jan. 13-15	Solo in Pacifica	C & B Swimmers
December 3-5	Pacifica – Away	B & A+ Swimmers

Please note that swimmers must attend practice on a regular basis to be entered in meets or games.

Website

Thanks to Board Member, John DiNapoli, Mavericks now has its own website: www.mavericks-swim.org. You will be able to access useful information about workout times, upcoming meets, fees, meet results, past newsletters, and so forth. Please check it out.

Water Polo Update

The Mavericks Water Polo Team will resume workouts in late October. Meanwhile, we are making progress on purchasing necessary equipment and installing water polo goals. Look for more information next month about workout times and meets.

Team Suits

Just a reminder that Mavericks swimsuits and caps are available to team members for a reasonable price at Waverly's (the La Petite Baleen swim shop) at 775 Main Street. In September, we will take orders for Mavericks deck coats for those who want them.